

Your experiences could be cut short by **RSV**

Respiratory syncytial virus (RSV) is not the common cold. RSV is a contagious virus that can live for many hours on hard surfaces, like tables and doorknobs.

While RSV infection is typically mild, it can also be serious for people aged 50 and older with certain underlying conditions.



RSV could catch you off guard

RSV is not a new virus. It can cause symptoms similar to other respiratory viruses and can have severe complications for adults aged 50+ with certain underlying conditions. The complications? **Pneumonia**, **hospitalization**, or worse.

Symptoms of RSV can vary and can last up to 2 weeks. RSV can cause severe symptoms in older adults.

Signs and symptoms of RSV infection may include:

- **Fever**
- **Headache**
- **Sore throat**
- **Cough**

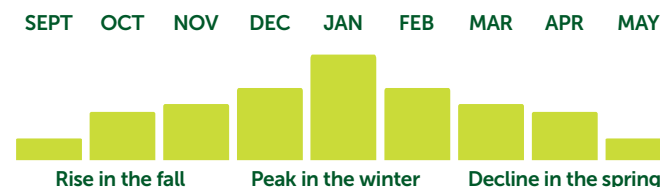
The spread of RSV

- RSV easily spreads through coughing or sneezing
- Most adults are usually contagious for 3-8 days
- Adults with weakened immune systems can be contagious for 4 weeks or longer—even after they stop showing symptoms

When is RSV season?

The seasonality of RSV can vary. Factors such as geographic location, population density, or even climate can impact RSV activity.

For the majority of the United States, RSV cases tend to:



An RSV infection can have severe consequences

It can even lead to hospitalization in adults aged 50+ with certain underlying conditions like:

- **Diabetes with complications**
- **Asthma**
- **Chronic obstructive pulmonary disease (COPD)**
- **Congestive heart failure (CHF)**

Did you know?

According to the Centers for Disease Control and Prevention (CDC), in the United States, approximately **110,000-180,000 adults aged 50+ are hospitalized** due to RSV each year. And for some, **severe RSV can be fatal**.



There are no specific treatments for adults with RSV, so prevention is important. **Vaccination is available and can help.**

RSV and underlying conditions

If you take your health seriously,
don't take RSV lightly.

RSV can put adults aged 50+ with certain underlying conditions—like **COPD**, **asthma**, or **CHF**—at an increased risk for severe infection, like **pneumonia**.

RSV infections can even lead to hospitalization for older adults and adults with certain underlying conditions.*

DIABETES

~2.4x or ~6.4x

more likely to be
hospitalized (≥65 years)

CAD

~3.8x or ~6.5x

more likely to be
hospitalized (≥65 years)

COPD

~3.5x or ~13.4x

more likely to be
hospitalized (≥65 years)

ASTHMA†

~2.3x or ~2.5x

more likely to be
hospitalized (≥65 years)

CHF

~4x to ~7.6x

more likely to be
hospitalized (≥60 years)

*A prospective, population-based, surveillance study was conducted to estimate the incidence of RSV hospitalization among adults ≥18 years overall and those with specific comorbidities. Active and passive surveillance identified 1099 adults hospitalized with RSV in 2 geographical areas (Rochester, NY, and New York City) over 3 RSV seasons. The incidence rate ratios presented above are not a range, but rather observations from 2 different locations comprised of the surveillance area. Estimated incidence rates for all comorbid conditions increased with age.

†Incidence rate ratio in Rochester for hospitalizations related to asthma was not considered to be statistically significant.

CAD=coronary artery disease.

Talking to your doctor about RSV

Vaccination is available to help
protect adults aged 50+ with certain
health conditions against RSV.

Below are a few questions to help you
start the conversation with your doctor.

- As someone aged 50+, how concerned should I be about RSV?
- What is my risk of complications due to RSV?
- How could RSV impact my underlying condition?
- Is RSV vaccination appropriate for me?

To get the most out of your appointment,
remember to write down any questions
you may have and take notes.

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Protecting against RSV doesn't have
to mean an extra appointment—get
your RSV vaccination at the same
time as your flu shot.



Don't wait. Schedule your
RSV vaccination appointment
now using **EasyVax™**.



Scan to schedule



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